

## Structured review of post-cardiotomy extracorporeal membrane oxygenation: part 2 - Pediatric patients

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## **Abstract**

Veno-arterial extracorporeal membrane oxygenation (V-A ECMO) is established therapy for short-term circulatory support for children with life-threatening cardiorespiratory dysfunction. In children with congenital heart disease (CHD), ECMO is commonly used to support patients with post-cardiotomy shock or complications including intractable arrhythmias, cardiac arrest, and acute respiratory failure. Cannulation configurations include central, when the right atrium and aorta are utilized in patients with recent sternotomy, or peripheral, when cannulation of the neck or femoral vessels are used in nonoperative patients. ECMO can be used to support any form of cardiac disease including univentricular palliated circulation. Although V-A ECMO is commonly used to support children with CHD, veno-venous ECMO (V-V ECMO) has been used in selected patients with hypoxemia or ventilatory failure in the presence of good cardiac function. ECMO use and outcomes in the CHD population are mainly informed by single-center studies and reports from collated registry data. Significant knowledge gaps remain, including optimal patient selection, timing of ECMO deployment, duration of support, anticoagulation, complications, and the impact of these factors on short- and long-term outcomes. This report, therefore, aims to present a comprehensive overview of the available literature informing patient selection, ECMO management, and in-hospital and early post-discharge outcomes in pediatric patients treated with ECMO for post-cardiotomy cardiorespiratory failure.

**Key words:** Extracorporeal membrane oxygenation; Cardiac surgical procedures; Child; Congenital.

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## Introduction

Mechanical circulatory support (MCS) is well-established therapy for children with severe refractory pulmonary or cardiac failure.<sup>1</sup> In the 1970s, the first use of extracorporeal circulatory support in infants with congenital heart disease (CHD) was reported, followed by a longer extracorporeal membrane oxygenation (ECMO) run after surgical correction of Tetralogy of Fallot (TOF).<sup>2,3</sup> Despite the availability of other modes of support, including ventricular assist devices, ECMO remains the most commonly used form of MCS in the pediatric population.<sup>4</sup> In January 2019 the Extracorporeal Life Support Organization (ELSO) Registry reported 19,629 cardiac ECMO cases in neonates and children from 350 international centers between 1990 and 2019 (<https://www.else.org/Registry/Statistics/InternationalSummary.aspx>). According to the ELSO registry, hypoplastic left heart syndrome (HLHS) was the most common CHD diagnosis for neonates supported with ECMO, and cyanotic CHD with decreased pulmonary flow (e.g. TOF, double outlet right ventricle, and Ebstein's anomaly of the tricuspid valve) were the most common CHD diagnoses associated with cardiac ECMO in children.

Veno-Arterial ECMO (V-A ECMO) is utilized in children with cardiac failure after CHD surgery, in order to augment cardiac output and facilitate respiratory gas exchange. Indications for V-A ECMO in this population include failure to wean from cardiopulmonary bypass (CPB), thrombosis of systemic-to-pulmonary artery shunts in patients with palliated single ventricle circulation, intractable arrhythmias, postoperative low cardiac output syndrome, and cardiac arrest.<sup>1</sup> Post-cardiotomy ECMO (PC-ECMO) may additionally bridge patients to myocardial recovery, or provide temporary MCS support as a bridge to cardiac transplantation or durable MCS.<sup>8,9,10</sup> V-A ECMO has also been described as bridge to CHD surgery in the setting of profound cyanosis, cardiogenic shock or pre-operative cardiopulmonary arrest (CPA).<sup>5,6,7</sup>

The use of ECMO to support children following CHD surgery has increased steadily during the past 3 decades.<sup>11-15</sup> This increased use reflects growing experience with repair or palliation of complex forms of CHD, readily available ECMO equipment, point of care ECMO deployment, and the accumulated experience

of ECMO management. Furthermore, advances in ECMO pump and oxygenator design, reduction of blood-prosthetic surface interaction with coated ECMO circuit tubing, and improved anticoagulation protocols have resulted in increased ECMO use.<sup>16</sup> Despite increasing experience and improved ECMO technology, mortality in pediatric patients requiring ECMO support following CHD surgery is high and has remained unchanged over the last several decades.<sup>12</sup>

We aimed to summarize the current literature regarding PC-ECMO in pediatric patients with CHD. We provide a detailed and comprehensive summary of patient characteristics, ECMO management and complications, and short- and long-term outcomes of these patients. Future perspectives including novel indications, targets for clinical education, ethical considerations and optimal resource use will be highlighted.

## **Characteristics of PC-ECMO**

### ***Trends in ECMO use***

Utilization of PC-ECMO is variable among institutions performing surgery for CHD. Differences in ECMO utilization may reflect variation in technical performance, chosen operative interventions as well as ECMO availability, local indications for use, and the cost of ECMO. Prior to 1990, several authors reported that 1.5 -13% of children who underwent cardiac surgery for CHD were supported with ECMO (Table 1).<sup>13, 17-19</sup> Using data from the Pediatric Health Information System, which contains administrative data from 42 children's hospitals in the United States, Bratton and colleagues reported that from 2003-2014, 0.5% to 6% of children who underwent cardiac surgery for CHD were supported with ECMO.<sup>20</sup> A recent analysis using the Society of Thoracic Surgeons (STS) Congenital Heart Surgery Database identified 2287 children (2.4%) supported postoperatively with MCS from the 96,596 operations performed for CHD from 2000-2010.<sup>21</sup> Most were supported with ECMO (>95%). The report showed ECMO was most commonly used in children undergoing the Norwood single ventricle palliation operation for HLHS (17%) or complex biventricular

repairs (14%). The findings illustrated the wide variability in ECMO utilization across the CHD centers reporting to the STS database.

### ***Patient characteristics***

ECMO has been successfully deployed to support children of all ages, from newborn to adult-sized patients with CHD requiring cardiac surgery.<sup>16, 18, 22-24</sup> Similarly, PC-ECMO support has been utilized in children of all sizes, although the small vessels in premature and low birthweight infants can make the placement of appropriately sized ECMO cannula challenging. PC-ECMO has been used to rescue children after surgery for all forms of CHD, although it is more frequently used to support children undergoing more complex procedures (Table 1).<sup>23, 25-27</sup>

### ***Indications for ECMO***

The indications for and rates of ECMO implantation in pediatric patients vary among different studies; however, common indications include failure to wean from CPB, cardiac arrest, low cardiac output syndrome or respiratory failure (Table 2). Klein and colleagues reported pathophysiology resulting in ECMO support included biventricular failure (36%), right ventricular failure (14%), left ventricular failure (33%), and pulmonary hypertensive crisis (17%).<sup>17</sup> Some populations are particularly high risk, for example, in a study of single ventricle patients palliated with systemic-to-pulmonary artery shunts, nearly half of 27 patients required ECMO implantation.<sup>28</sup> And other studies appear to represent different population, for example, in two studies of PC-ECMO in children, low cardiac output as an indication for ECMO was present in 17% of 93 patients, and 92% of 73 patients.<sup>29, 23</sup> Cardiac or cardiopulmonary arrest occurred in 6%, or 28% of the respective populations. Pulmonary arterial hypertension, arrhythmia and failure to wean from CPB are also represented in different proportions (Table 2).

### ***Cannulation for ECMO***

ECMO cannulation strategy is determined by underlying the anatomy and physiology of CHD. An analysis of all pediatric patients (0-18 years old) reported to the ELSO Registry demonstrated carotid cannulation in 64% of patients, aortic cannulation in 32%, and femoral cannulation in only 4%.<sup>30</sup> In many centers, central cannulation of the right atrium for venous drainage and aorta for arterial return is commonly used in the presence of a recent sternotomy (Figures 1-3). In many circumstances, peripheral vessel cannulation may be the preferred approach to reduce the risk of major bleeding and infections<sup>1</sup>. Vascular access for peripheral V-A ECMO cannulation can be achieved through the neck vessels (internal jugular vein and carotid artery) or through the femoral vessels (femoral vein and artery) in children weighing >15 kg. Children with single ventricle circulation palliated with cavopulmonary connections (bidirectional Glenn and Fontan circulations) frequently need multisite cannulation for venous drainage. In rare instance when patients have adequate cardiac function and only require lung support, veno-venous ECMO (V-V ECMO) can be used, and the cannulas for drainage and return are both placed in the venous circulation.

Children with complex congenital heart defects are at risk for occlusion of peripheral vessels used for ECMO cannulation, because the vessels may have been accessed previously for cardiac catheterization. Thus, knowledge of vessel patency is important in children with complex CHD and previous history of multiple cardiac catheterization procedures. Chan and colleagues, in a report of 492 children with CHD supported with ECMO following cardiac arrest, showed that the use of the right carotid artery for V-A ECMO was associated with improved survival to hospital discharge as compared with transthoracic cannulation. The authors speculate that the reason for improved survival may be related to fewer cardiopulmonary resuscitation (CPR) interruptions during neck cannulation.<sup>31</sup> Finally, the American Heart Association recently published a statement on cardiopulmonary resuscitation in children with CHD, which includes a table of suggested cannulation sites for ECMO based on the underlying circulation.<sup>32</sup>

## PC-ECMO Outcomes

### *Survival and duration of ECMO support*

After PC-ECMO, survival-to-hospital-discharge ranges from 40-60% in most studies of pediatric patients. (Table 3). Many factors influence the duration of PC-ECMO support in children, including the underlying cardiac lesion, presence of residual lesion, the family's wishes, cardiac surgical recovery time, and the applicability of bridging to transplant if recovery does not occur. Thus, the number of hours of PC-ECMO support varies greatly among different studies, ranging from 17 to more than 200 hours (Table 3).<sup>17, 19</sup> Survival to ECMO decannulation and hospital discharge also varies in the reported literature, with between 49 to 58% making it home alive.<sup>17,19,33</sup> These mainly single center studies report higher survival than typically found in ELSO registry reports of the pediatric cardiac population.<sup>12</sup> Longer-term survival, for example at 1 year post PC-ECMO has been reported as high as 41% (Table 3).<sup>33</sup>

Survival to hospital discharge may also vary by age and weight, with higher risk of death in neonates.<sup>16, 18, 22-24</sup> Infants weighing <3 kg have been reported to have high risk of death after ECMO support.<sup>35-37</sup> In a study of 4,471 pediatric patients supported with ECMO for cardiac indications reported to the ELSO registry, there were no survivors among 9 patients weighing < 1.5 kg, and survival was 25% among those who weighed 1.5 – 2 kg.<sup>36</sup> In premature infants, immaturity of the choroid plexus may result in the higher incidence of intracranial hemorrhage. Birthweight < 3 kg has been associated with increased risk of neurological complications in PC-ECMO for CHD.<sup>38</sup> Indeed, both prematurity and lower birthweight were associated with increased mortality and a higher incidence of neurological complications in a study of 641 neonates supported with ECMO following cardiac arrest by McMullan and colleagues.<sup>39</sup> Bhat and colleagues also examined PC-ECMO used in infants weighing 3 kg or less; 52% of the patients were decannulated from ECMO and 28.1% survived until discharge.<sup>35</sup> This study reported one of the longest durations of ECMO support with median 164 hours (interquartile range 95-231). (Table 3). Thus, the ability



to provide adequate ECMO support is affected by size, and neurological complications may limit survival in premature neonates (< 34 weeks gestation or birthweight < 2 kg).

Survival to hospital discharge also varies widely based on the complexity of the underlying cardiac surgical procedure.<sup>25, 27, 33, 40</sup> Allan and colleagues compared the indications for initiation of ECMO in infants with shunted single-ventricle physiology to the survival; 81% of patients cannulated for hypoxemia, but only 29% of those cannulated for hypotension survived to hospital discharge.<sup>41</sup> Patients cannulated for shunt obstruction had the highest survival (83%). In an STS Congenital Heart Surgery Database study of 2287 children supported postoperatively with MCS by Mascio and colleagues<sup>21</sup>, in-hospital mortality was highest among in patients supported after repair of truncus arteriosus, the Norwood single ventricle palliation operation for HLHS, or the Ross-Konno operation for repair of left ventricular outflow tract obstruction. In these circumstances, poor outcomes may be due to the accidental damage of the coronaries during surgery, serious aortic regurgitation after an incomplete repair, or an inherently poor systemic ventricle due to congenital aortic stenosis. Patients undergoing repair of an anomalous coronary artery from the left pulmonary artery had the best survival.<sup>21</sup>

### ***Predictors of mortality***

Many studies have identified similar predictors of in-hospital mortality, summarized by Walters and colleagues to include longer CPB time, the inability to separate from CPB, elevated blood nitrogen urea 48 hours after ECMO cannulation, elevated creatinine 48 hours after ECMO cannulation, the need for red blood cells or plasma, and elevated right atrial pressure 8 hours after ECMO decannulation (Table 3).<sup>29</sup> Kolovos and colleagues<sup>18</sup> found that CPR during ECMO cannulation, renal failure/dialysis, single ventricle palliated circulation, and a lactate trend within 48 hours of ECMO initiation to be associated with in-hospital mortality. Alsoufi and colleagues<sup>42, 43</sup> found that duration of ECMO, repeat ECMO, neurological complications, renal dysfunction, and mechanical complications were associated with in-hospital mortality. In Bhat's study of PC-ECMO neonates, renal replacement therapy on ECMO and duration of ECMO support

> 231 hours were predictors of poor prognosis.<sup>35</sup> Renal failure is commonly associated with poorer prognosis in pediatric patients receiving PC-ECMO, which is in line with studies conducted in adults.<sup>44</sup> Of note, continuous renal replacement therapy (CRRT) before ECMO is associated with worse outcomes than either no CRRT or CRRT started after ECMO. The former is indicative of underlying renal disease, while the latter may reflect an attempt to prevent fluid overload.<sup>45</sup> Additionally, worse outcomes may be expected in patients with palliated single ventricle circulation with Glenn or Fontan operations, due to the ineffectiveness of conventional CPR and the high risk of brain injury unless the bidirectional cavopulmonary connection is cannulated along with the inferior vena cava (ie. bicaval or central cannulation may be required).<sup>36,46</sup>

### ***ECMO for extracorporeal cardiopulmonary resuscitation***

Extracorporeal cardiopulmonary resuscitation (ECPR), or ECMO to support CPA, is an important and increasing use of ECMO in children who undergo cardiac surgery. Nonetheless, early institution of ECMO support prior to CPA in children with deteriorating hemodynamics in the postoperative period is preferable. In a study of 81 children supported with ECMO following cardiac surgery for CHD, Chaturvedi and colleagues reported that patients who underwent ECMO deployment in the operating room had improved survival to hospital discharge as compared with patients with ECMO was deployed in the intensive care unit (64% vs. 29%) suggesting that early institution of ECMO prevented exposure to a prolonged period of low cardiac output.<sup>33</sup>

The ELSO International Summary, January 2019 shows similar survival to discharge for neonates supported with ECMO for ECPR as compared with ECMO support for other cardiac indications (41% vs. 42%), but lower survival to discharge for pediatric ECPR (42%) as compared to ECMO for other cardiac indications (52%) once the neonatal period is complete. Other studies have reported similar survival for ECPR and non-ECPR ECMO.<sup>47-49</sup> Notably, the risk of neurological injury may be higher in children supported

with ECPR.<sup>48, 49</sup> Survival-to-discharge for both ECPR and non-ECPR ECMO patients is heavily influenced by the ability to reverse the postoperative cardiorespiratory failure that necessitated ECMO support.

### Complications of Post-Cardiotomy ECMO in Pediatric Patients

Important complications of PC-ECMO in children and neonates include bleeding, mechanical complications, liver failure, sepsis, central nervous system events, and renal failure which are reported at different rates in various studies (Table 4).<sup>17, 50, 33</sup> Mechanical complications of ECMO are also common.<sup>33</sup>

Neurological sequelae occur frequently in children supported with ECMO. In a study of 90 patients by Chow and colleagues,<sup>51</sup> only 15 children survived without neurological sequelae. There were short-term neurological events (22%) and long-term neurological sequelae (12%), accounting for 39% of survivors. In a study of 1,898 neonates with CHD reported to the ELSO Registry, 14% suffered a neurological injury.<sup>38</sup> Risk factors for neurological injury included birth weight <3kg, pH <7.15 pre-ECMO, and the need for CPR prior to ECMO. Importantly, the patients who suffered neurological injury had higher in-hospital mortality (73%) as compared with those without neurological complications (53%). Khan and colleagues<sup>52</sup> reported that 17.5% of neonates supported on ECMO had intraventricular hemorrhage detected by cranial ultrasound (CUS). The investigators performed routine daily CUS on all neonatal patients and found that almost all intracranial hemorrhages occurred in the first 5 days after surgery (including pre-ECMO), and any hemorrhage after that time was associated with clinical symptoms. In infants with an open fontanelle, CUS is a safe bedside screening tool, which can be performed regularly when increased vigilance for neurological complications after ECMO cannulation is warranted.

Although femoral cannulation is less common than carotid cannulation in pediatric patients, when the femoral approach is used, limb ischemia may be a serious complication.<sup>53</sup> Methods to prevent limb ischemia in this setting include the use of contralateral femoral vessels for arterial and venous cannulation, the use of the smallest arterial cannula for the desired flow rate, incorporation of a chimney graft, and the

use of a distal reperfusion cannula in an antegrade manner in the femoral artery or in a retrograde manner in the *dorsalis pedis* artery. In a single-center study of 29 children with femoral cannulation for V-A ECMO, Schad and colleagues<sup>54</sup> found that 29% of those without routine distal perfusion catheter placement suffered ischemic complications, compared with only 12% when distal perfusion catheters were routinely placed. In addition, non-invasive limb perfusion monitoring with near infrared spectroscopy has translated to better outcomes.<sup>55</sup>

### **Post-Cardiotomy Veno-Venous ECMO for Respiratory Dysfunction in Pediatric Patients**

Despite advances in CPB techniques and in preventive measures aimed at decreasing respiratory complications after cardiac surgery, postoperative acute respiratory distress syndrome (ARDS) occurs in 1–20% of patients, depending on inclusion criteria.<sup>56-59</sup> The use of V-A ECMO for refractory cardiovascular dysfunction after pediatric cardiac surgery has been described, but there is paucity of data on the use of postcardiotomy V-V ECMO. Respiratory distress and hypoxia are reported as indications for ECMO support in 2-30% of pediatric patients.<sup>11, 13-15</sup> V-V ECMO is an uncommon mode of support for patients with underlying cardiac disease, however in selected patients, it may be the mode of choice to facilitate oxygenation and decrease pulmonary vascular resistance.<sup>13</sup>

### **Controversial Issues and Future Perspectives**

#### ***Cardiac catheterization during PC-ECMO***

Diagnostic or therapeutic cardiac catheterization can be safely performed on patients receiving ECMO support.<sup>60</sup> Early detection and correction of residual cardiac lesions is associated with improved survival.<sup>16,61</sup> Catheter-based diagnostic procedures should be considered when non-invasive diagnostic studies fail to identify a reason for failure to wean from ECMO and also, to evaluate decompression of the

left side of the heart.<sup>62</sup> Callahan and colleagues reported the results of cardiac catheterization on 36 pediatric patients supported by ECMO.<sup>61</sup> They found that the catheterization investigation excluded a residual lesion in 18% of the patients, confirmed a residual lesion in 15%, and identified unexpected residual cardiac lesions in 52%. Interventions to manage the residual lesion were performed in 50% of cases, including stenting, device closure, or thrombolysis. After the cardiac catheterization procedure, 86% of patients were weaned from ECMO and 72% survived to discharge. Of note, catheter-based diagnostic procedures performed during the first or second day of ECMO support (day 0 or 1) significantly reduced the duration of ECMO without impacting survival. Recently, Another single center report of cardiac catheterization on 51 children on ECMO support demonstrated a low rate of serious complications (5.6%), and subsequent decannulation/weaning and survival rates were 71% and 54%, respectively.<sup>63</sup> These studies demonstrate the benefit of cardiac catheterization in evaluating PC-ECMO-supported patient, despite the complexity of interpreting hemodynamic measurements with ECMO cannulae *in situ*, with or without cessation of ECMO flow for the procedure. Transport of the ECMO patient for cardiac catheterization was reported as uncomplicated, and overall, the complication rate was low.<sup>61, 63</sup>

### ***Decompression of the left side of the heart***

Assessment and management of left heart decompression is a common indication for cardiac catheterization.<sup>61, 63</sup> Left heart hypertension of patients managed on ECMO can be addressed by atrial septostomy, use of an axial trans-aortic valve pump (Impella), direct left ventricular venting via an open approach, or with left atrial cannulation, either directly or via catheter crossing the atrial septum. Eastaugh and colleagues reported percutaneous left heart decompression in 44 of 419 patients managed on V-A ECMO, via atrial septostomy, stenting of the atrial septum or left atrial venting across the atrial septum.<sup>64</sup> All techniques were equally successful at reducing left atrial pressure and decreasing pulmonary edema. Another single center study reported left heart decompression in 49 children managed on central V-A ECMO with left atrial venting, atrial septostomy, and left ventricle cannulation.<sup>65</sup> Elective left heart decompression was associated with reduced duration of ECMO support, but was not associated with

improved survival. Recently, an Impella device was used to decompress the left ventricle of 4 children on V-A ECMO.<sup>66</sup> The device reduced left atrial pressure and increased tissue perfusion as observed by near infrared spectroscopy. Institutional preferences for assessment, timing, and mechanism of left heart decompression vary.

### ***Single ventricle physiology***

Despite advances in care, mortality after ECMO support in patients with single ventricle palliated circulation remains greater than 50%.<sup>18,67,28</sup> The higher mortality in this subset of patients with cardiac palliation has been hypothesized as an imbalance between systemic and pulmonary blood flow and associated suboptimal coronary perfusion and increased probability of ventricular distension.<sup>28, 68</sup> Indications for ECMO in pediatric patients with single ventricle palliated circulation are comparable to those in patients with biventricular circulation, but additional complications are associated with systemic-to-pulmonary artery shunts.<sup>62</sup> When the pulmonary circulation is supplied by a systemic-to-pulmonary artery shunt and ECMO support is instituted, the shunt is most often left open. Adequate support of this circulation may require an augmented circuit blood flow of 150-200 ml/Kg/min to allow for diastolic run-off to the pulmonary circulation. In patients with single ventricle palliated circulation, cannulation strategy is an important issue.<sup>32, 41, 48</sup> In-hospital mortality rates with the use of ECMO after the Norwood single ventricle palliation procedure exceed 50%.<sup>69, 70</sup> ECMO support of patients with Glenn and Fontan circulation is associated with additional complexity due to the surgical anatomy and resulting physiology. Multiple drainage cannulae may be required to optimize support.<sup>32</sup> In all stages of single-ventricle palliation, long-duration ECMO, inotropic support, and renal failure are associated with higher mortality.<sup>48,49</sup> The adequacy of the cannulation strategy should be questioned if the ECMO-supported patient with a single ventricle palliated circulation has evidence of ongoing poor end-organ oxygen delivery.

### ***ECMO costs***

Against the background of high mortality prior to hospital discharge, the cost of ECMO support requires some consideration. Mahle and colleagues focused on hospital costs in 32 pediatric patients with CHD who received salvage ECMO (18 for cardiopulmonary arrest and 14 PC shock).<sup>71</sup> Survival to hospital discharge was 50% and 1-year survival was 47%. The quality-of-life of the survivors was determined with the Health Utilities Index Mark II, and median cost for hospital stay after institution of ECMO was \$156,324 per patient. The calculated cost-utility for salvage ECMO in this population was \$24,386 per quality-adjusted life-year saved, which would be considered within the range of accepted cost-efficacy (<\$50,000 per quality-adjusted life-year saved). The authors note, however, that although the hospital costs for salvage cardiac ECMO are similar to those for neonatal ECMO for noncardiac indications, the calculated cost-utility is slightly less favorable. Salvage cardiac ECMO may be somewhat less cost-effective than noncardiac ECMO since the survival to hospital discharge is lower for cardiac patients. In addition, life expectancy for children with complex CHD, such as those with single ventricle palliated circulation, is lower than for children with respiratory distress in the neonatal period. Other investigators also noted a greater cost was associated with smaller hospitals and hospital location.<sup>72</sup>

### ***Bridging to heart transplantation***

ECMO support for children with circulatory failure awaiting heart transplantation has been analyzed using combined data from the ELSO Registry and the United States Organ Procurement Transplant Network (OPTN).<sup>10</sup> The authors demonstrated that ECMO was associated with high mortality while on the waiting list, and one-third of the patients who received a heart transplant died before hospital discharge. Overall, survival to hospital discharge of this population was 47%. In this context, other forms of temporary MCS are often considered for children awaiting heart transplantation.<sup>73</sup> While bridging to transplantation represents a different clinical challenge than PC-ECMO, these studies may lead to innovative techniques for post-cardiotomy circulatory support that will advance the field.

## Limitations of the Review

Pediatric PC-ECMO, particularly in the setting of CHD, is a technically challenging but potentially life-saving mode of support. There is limited evidence to inform clinical practice. We acknowledge several limitations to the current systematic review that are inherent to retrospective, observational studies. Indeed, most of the studies assembled here are single-center case series reports, precluding statistical analyses and lacking the power to detect some clinically significant differences in outcome. Secondly, the analyses were seldom adjusted for underlying confounders, such as duration of ECMO, cannulation strategy (peripheral vs central), cannula types and ECMO weaning protocols. Finally, although studies with large data sets coming from clinical registries (STS, ELSO, OPTN and PHIS) are discussed in the text, they were not included in the tables.<sup>20, 21, 36, 38, 74</sup>

## Conclusion

V-A ECMO is the optimal support technique in children with CHD and post-cardiotomy shock. ECMO facilitates augmented cardiac output and respiratory gas exchange to improve the metabolic status of both preoperative and post-cardiotomy patients. Although PC-ECMO can improve survival of this vulnerable population, mortality and morbidity remain high. Complications related to bleeding, thrombosis, and infections increase mortality and are major areas for improvement. Neurological injury and neurodevelopmental impairment are common in pediatric patients post PC-ECMO and reflect the severity of critical illness, complexity of cardiac surgery and complications of ECMO support. Bridging to cardiac transplantation can be successful if PC-ECMO does not lead to cardiac recovery, but the availability of organs and waiting list duration are ultimately factors in survival. The paucity of standardized care processes, informed patient selection, optimal timing of ECMO deployment, anticoagulation strategies or weaning protocols and the lack of long-term follow up of survivors after PC-ECMO demonstrated on



systematic review informs the urgent need for further studies to inform best management of this high-risk population.

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**Conflict of Interest and Funding Sources****Disclosure.**

Dr. Lorusso is consultant and conducts clinical trial for LivaNova (London, UK)

Dr. Brodie is currently the co-chair of the Trial Steering Committee for the VENT-AVOID trial sponsored by ALung Technologies, he was previously on the medical advisory board of ALung Technologies and Kadence (Johnson & Johnson). All compensation for these activities is paid to Columbia University.

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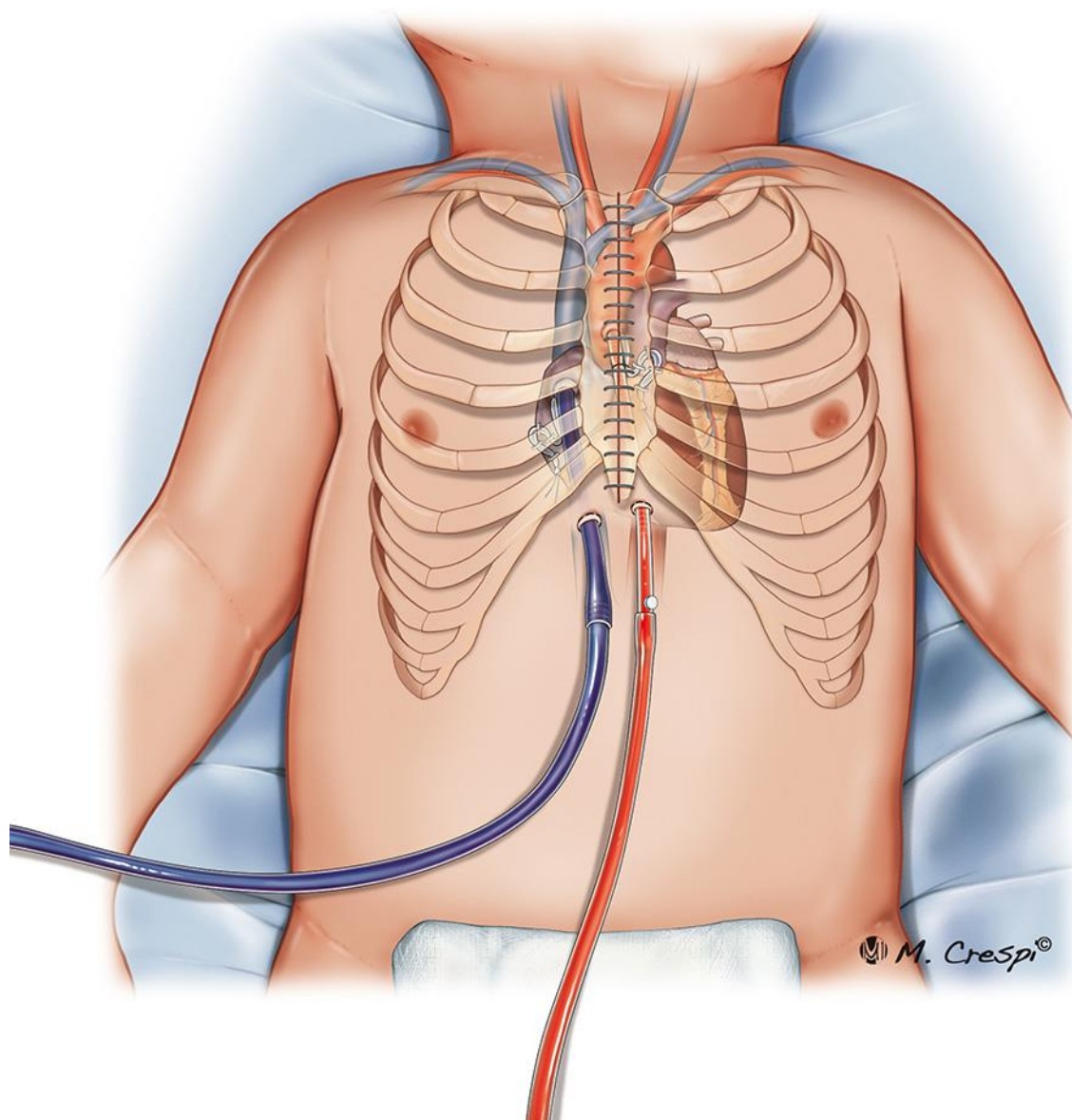
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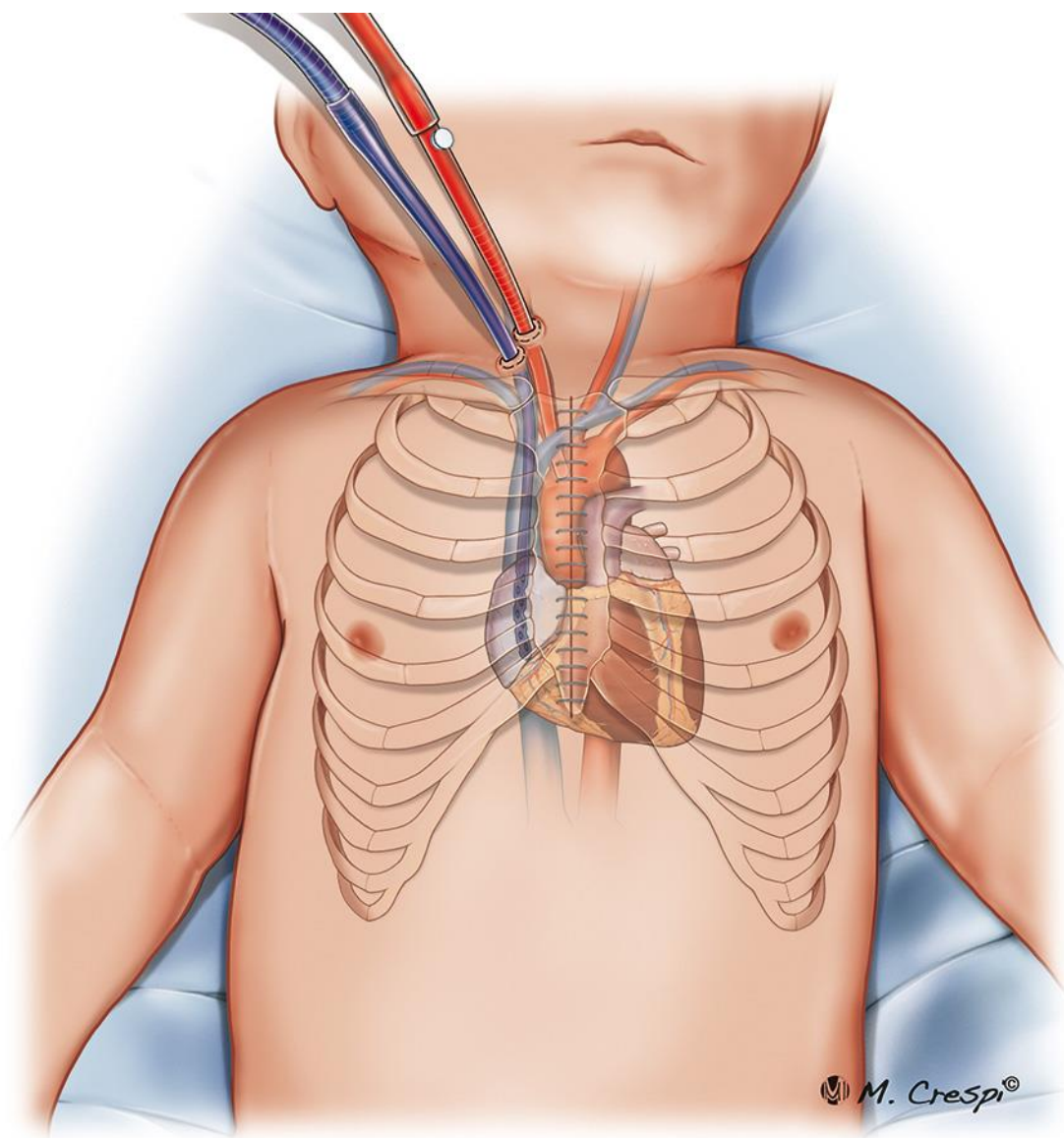
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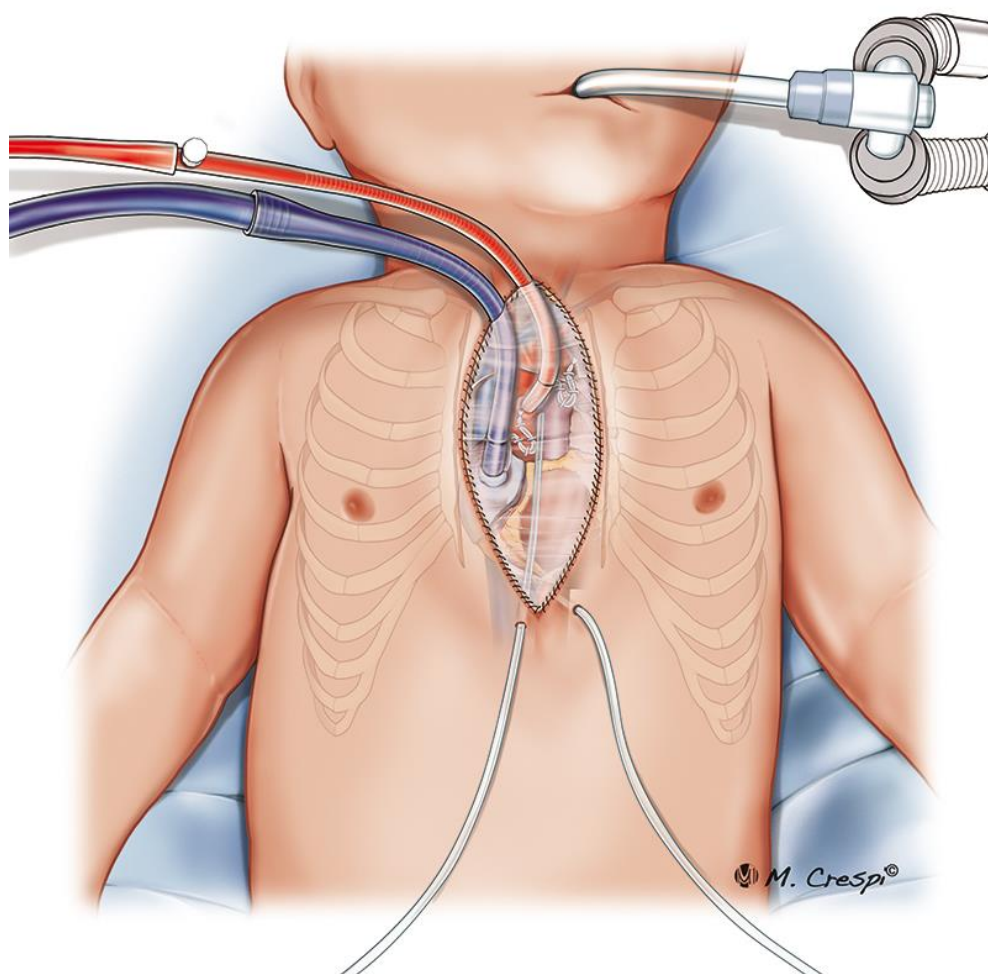
## Figure legend



**Figure 1.** Post-cardiotomy ECMO approaches for cannulation: central cannulation (right atrium and ascending aorta cannulation) with subxyphoid exit port for cannulas, and the sternum closed.



**Figure 2.** Post-cardiotomy ECMO approaches for cannulation: central cannulation (right atrium and ascending aorta cannulation) with a jugular exit port for cannulas, and the sternum closed.



**Figure 3.** Post-cardiotomy ECMO approaches for cannulation: central cannulation with the sternum opened.

TABLE 1. BASELINE CHARACTERISTICS

| Author <sup>reference</sup> –<br>Year of Publication | Number of<br>Patients<br>(male/female) | ECMO use<br>post-<br>cardiotom<br>y, % | Weight, in<br>kg             | Age (range)                              | Anomalies, %: with normal segmental connections (1); of the<br>atrioventricular valves (2); of the arterial valves and outflow tracts (3);<br>with abnormal segmental connections (4); of the great vessels (5); of the<br>coronary arteries (6); HTx (7); combined surgery (8); other (9). |     |      |      |     |     |     |      |      |
|--|--|--|------------------------------|--|---|-----|------|------|-----|-----|-----|------|------|
|  |  |  |                              |  | 1   | 2   | 3    | 4    | 5   | 6   | 7   | 8    | 9    |
| Klein <sup>17</sup> – 1990                           | 36*<br>(NA)                            | 12.5%**                                | 7.15± 2.41                   | 13.6 months<br>(1 day-7 years)           | 47.2  | 2.8 | 11.1 | 2.8  | 2.8 | 5.6 | NA  | 25.0 | 2.8  |
| Ferrazzi <sup>75</sup> - 1991                        | 6<br>(3/3)                             | NA                                     | 18.1±11.25<br>(5.7-35)       | 4.6±3.95 years<br>(9 months-12<br>years) | 17%   | 0   | 67   | 0    | 0   | 0   | 17  | 0    | 0    |
| del Nido <sup>76</sup> - 1992                        | 11<br>(NA)                             | NA                                     | 5.9<br>(median)              | 15 ± 7 months<br>(0.75-72)               | 54.5  | NA  | 18.2 | 9.1  | NA  | 9.1 | NA  | NA   | 9.1  |
| Raithel <sup>77</sup> - 1992                         | 65<br>(32/33)                          | 8.3%                                   | 9.65<br>(median)             | 28.6 months                              | 13.8  | 3.1 | 21.5 | 26.2 | 7.7 | 4.6 | 7.7 | 6.2  | 9.2  |
| Ziomek <sup>19</sup> - 1992                          | 24<br>(12/12)                          | NA                                     | 5.7<br>(2.9 – 12)            | 12.5 months<br>(0 day-6 years)           | 4.2   | 8.3 | 8.3  | NA   | 8.3 | 4.2 | NA  | 50.0 | 16.7 |
| Dalton <sup>13</sup> - 1993                          | 25 PC,<br>4 no PC<br>(13/16)           | 1.5%                                   | Overall<br>8 ± 7<br>(2.5-35) | 17 ± 23 months<br>(2 weeks -7<br>years)  | 11***   | 1   | 10   | 5    | 2   | 1   | 2   | NA   | 2    |
| Black <sup>78</sup> - 1995                           | PC 25,<br>6 no PC (11/14)              | NA                                     | 6.13 ± 1.75†                 | 6.95 ± 2.22<br>months†                   |   |     |      |      | NS  |     |     |      |      |

|                                 |                |         |                           |   |      |      |   |      |      |     |      |      |      |
|---------------------------------|----------------|---------|---------------------------|---|------|------|---|------|------|-----|------|------|------|
| Walters <sup>29</sup> - 1995    | 73<br>(44/29)  | 1.6%    | 5.6 (median)              | 7.2 months<br>(median)                                  | 19.7 | NA   | 13.6  | 7.6  | 7.6  | NA  | 51.5 | NA   |      |
| Kulik <sup>50</sup> - 1996      | 64<br>(NA)     | NA      | 7.28±5.0                  | 14 ± 20.2<br>months                                     | NA   | 2.4  | 24.4  | 14.6 | 7.3  | 4.9 | 2.4  | 7.3  | 36.6 |
| Langley <sup>67</sup> - 1998    | 9<br>(7/2)     | 1.2%    | 6.6<br>(3.0–16.0)         | 7.2 months (2<br>weeks–3 years)                         | 44.4 | 0    | 11.1  | 22.2 | 22.2 | 0   | 0    | 0    | 11.1 |
| Jaggers <sup>79</sup> - 2000    | 35<br>(NA)     | 3.4%    | 3.9<br>(median,<br>4.7)   | 89 days<br>(median, 19<br>days)                         | 7*** | 3    | 9   | 7    | 9    | 1   | NA   | 11   |      |
| Aharon <sup>80</sup> - 2001     | 50             | 4%      | 6.2                       | 40 days<br>(median)                                     | NA   | 8    | 20  | 20   | 4    | 2   | NA   | 46   |      |
| Pizarro <sup>68</sup> – 2001    | 12<br>(NA)     | NA      | 2.6<br>(1.4–3.8)          | 3.9 days (1–14)   | 0    | 0    | 0   | 0    | 0    | 0   | 0    | 100  | 0    |
| Kolovos <sup>18</sup> – 2003    | 74<br>(45/29)  | 2.2%    | NA                        | 17 days<br>(median)                                     | NA   | 8.1  | 4.1   | 8.1  | NA   | 2.7 | 35.1 | 27.0 | NA   |
| Chaturvedi <sup>33</sup> - 2004 | 81<br>(NA)     | 1–2.5%‡ | 4.5 (median)<br>(3.3–8.7) | 2.4 months<br>(median) (0.6–<br>13)                     | 4.9  | 11.1 | 25.9  | 34.6 | 9.9  | 4.9 | 4.9  | NA   | 3.7  |
| Chow <sup>51</sup> - 2004       | 90<br>(42/48)  | NA      |                           | 0.77 years<br>(median)<br>1 day – 17<br>years, 4 months |      |      | Univentricular repairs 7 (7.7%)<br>Biventricular repairs 58 (64.4%) |      |      |     |      | 6.6  |      |
| Morris <sup>26</sup> – 2004     | 137<br>(71/66) | 2.6%    | 5.1 (1.9–<br>110)         | 4.7 months<br>(1 day–42 yrs)                            |      |      |   |      |      |     |      |      |      |



|   |                  |      |                           |   |     |     |      |      |                     |                    |      |      |      |
|---|------------------|------|---------------------------|---|-----|-----|------|------|---------------------|--------------------|------|------|------|
| <b>Huang<sup>34</sup> - 2005</b>            | 68<br>(41/27)    | 3.2% | 3.4 (median)<br>(2.3–31)† | 1 month<br>(median)<br>(1 day - 13.1<br>years)    |     |     |      |      |                     | SVP: 46<br>BVP: 22 |      |      |      |
| <b>Ghez<sup>81</sup> - 2005</b>             | 15§              | 3.2% | NA                        | 4.97 ±7 years                                     | 6.7 | NA  | 13.3 | 20.0 | NA                  | 6.7                | 26.7 | 26.7 |      |
| <b>Mahle<sup>71</sup> - 2005</b>            | 32               | NA   | NA                        | 2.0 months<br>(4 days – 5.1<br>years)             | 0   | 6.3 | 6.3  | 9.4  | 12.5                | 6.3                | 3.1  | 0    | 46.9 |
| <b>Baslaim<sup>25</sup> - 2006</b>          | 26<br>(NA)       | 4%   | 3.7 (median)<br>(2.2-26)  | 4.3 months<br>(median)<br>(2 weeks–144<br>months) | NA  |     | 34.6 | 11.5 | NA                  |                    | 30.8 |      | 23.1 |
| <b>Thourani<sup>28</sup> - 2006</b>         | 27<br>(27/8)     | 2.8% | 5.4±3.1<br>(1.8-11.3)     | 139.3-183.6<br>days<br>(1-640 days)               |     |     |      |      | 18.5                | 0                  | 0    |      | 37.0 |
| <b>Allan<sup>41</sup>-2007</b>              | 44<br>(NA)       | 15%  | 3.1±0.1                   | 8.0±2.3 days                                      |     |     |      |      | SVP:100<br>%        |                    |      |      |      |
| <b>Alsoufi<sup>42</sup> – 2009</b>          | 180<br>(91/89)   | NA   | 4.3 (median)<br>(1.7-75)  | 109 days<br>(median)<br>(1day -16.9<br>years)     |     |     |      |      | SVP:34%<br>BVP: 66% |                    |      |      |      |
| <b>Delmo Walter<sup>82</sup> -<br/>2010</b> | 27 PC<br>(17/10) | NA   | 7.1 (median)<br>(2.7–80)  | 0.74 years<br>(median)<br>(1–17.8)                |     |     |      |      | 14.8                |                    |      |      |      |



|                                  |                  |      |                                   |  |                          |     |      |      |      |     |      |      |                 |  |
|----------------------------------|------------------|------|-----------------------------------|--|--------------------------|-----|------|------|------|-----|------|------|-----------------|--|
| Polimenakos <sup>27</sup> - 2011 | 21<br>(NA)       | NA   | 3.57 ± 1.7                        | 7.5 ± 2.7 days                                 | HLHS 66.6%<br>SVP: 33.3% |     |      |      |      |     |      |      |                 |  |
| Bhat <sup>35</sup> – 2013        | 64<br>(34/30)    | NA   | 2.7<br>(IQR, 2.3-3.0)             | 7 days<br>(IQR, 4-9)                           | 1.6                      | 3.1 | 12.5 | 17.2 | 10.9 | NA  | 1.6  | 53.1 |                 |  |
| Sasson <sup>83</sup> – 2013      | 62<br>(41/21)    | 3.2% | 4.3 (median)<br>(1.9-51)          | 3 months<br>(median)<br>(0-216)                | NS                       |     |      |      |      |     |      |      |                 |  |
| Agarwal <sup>16</sup> - 2014     | 119<br>(67/52)   | 3.4% | 3.3<br>(IQR 2.7-4.1)              | 12 days<br>(IQR, 6-79)                         | NS                       |     |      |      |      |     |      |      |                 |  |
| Alsoufi <sup>43</sup> - 2014     | 100<br>(63/27)   | NA   | 4.1 (median)<br>(1.8-60)          | 73 days<br>(median)<br>(41-146)                | SVP: 31%                 |     |      |      |      |     |      |      |                 |  |
| Sasaki <sup>37</sup> – 2014      | 36<br>(24/12)    | 1.4% | 3.1<br>(2.1–10.8)                 | 64 days<br>(0 days–4.1)                        | NA                       | 2.8 | 2.8  | 5.6  | 2.7  | NA  | 86.1 | NA   |                 |  |
| Jolley <sup>48</sup> - 2014      | 103<br>(54/49)   | 4.7% | 5.6 kg<br>(IQR, 5.0-5.6 (median)) | 158 days<br>(IQR, 124-214)                     | SVP: 100%                |     |      |      |      |     |      |      |                 |  |
| Miana <sup>84</sup> - 2015       | 56<br>(33/23)    | 0.5% | 5.6 (median)<br>(IQR 3.2-16.1)    | 240 days<br>(IQR 67.5-2045 days)               | 12.5                     | 8.9 | 16.0 | 16.1 | 12.5 | 3.6 | NA   | 3.6  | 19.7+<br>7.1 NS |  |
| Gupta <sup>40</sup> – 2015       | 998<br>(562/436) | NA   | 3<br>(2.5-3.4)                    | 14 days<br>(median)<br>(IQR, 5-148 days)<br>33 | NS                       |     |      |      |      |     |      |      |                 |  |

|  |                |       |                                |                                      |                            |
|--|----------------|-------|--------------------------------|--------------------------------------|----------------------------|
| <b>Lou<sup>85</sup> – 2015</b>         | 96<br>(49/47)  | NA    | 3.7 (median)<br>(1.7–115)      | 0.06 years<br>(median)<br>(0.002–17) | NS                         |
| <b>Sznych-Taub<sup>23</sup> - 2016</b> | 93<br>(54/39)  | NA    | 3.3 (median)<br>(IQR, 2.9-3.8) | 7 days (median)<br>(IQR 5–20)        | NS                         |
| <b>Aydin<sup>11</sup> – 2016</b>       | 89<br>(47/42)  |       | 4 (median)<br>(IQR, 3.2-6.9)   | 66 days<br>(IQR, 8-221)              | SVP: 100%                  |
| <b>Howard<sup>46</sup> -2016</b>       | 84<br>(47/37)  | 8.8%  | 3.0 (2.5-3.3)                  | 5.5 days (3.5-12days)                | SVP:48.8%<br>BVP:51.2%     |
| <b>ElMahrouk<sup>86</sup> - 2017</b>   | 113<br>(67/46) | 3.34% | 3.5 (median)<br>(2.2–42.5)     | 3 months<br>(median)<br>(4 days–15)  | SVP:45.1%<br>BVP:54.9%     |
| <b>Mistry<sup>87</sup> - 2018</b>      | 68<br>(44/24)  | NA    | 11 (3.95-37.75)                | 1.45 years (0.18-8.70)               | 0 0 8.8 0 4.4 0 7.4 0 79.4 |

\* Additionally, 3 patients were supported with ECMO before surgery;

\*\* including 39 patients;

\*\*\* multiple combinations per patient;

† data reported for survivors only;

‡ all patients in Cardiac Intensive Care Unit;

§ 15 patients with 19 ECMO devices implanted (16 veno-arterial, 2 veno-venous, 1 x Biventricular Support);

¶ Extracorporeal cardiopulmonary resuscitation (ECPR) in 41 postcardiotomy cases;

BVP, biventricular pathology; ECMO, extracorporeal membrane oxygenation; HLHS, hypoplastic left heart syndrome; HTx, heart transplantation; IQR, interquartile range; NA, not available; NS, not specified; PC, post-cardiotomy; SVP, single ventricular pathology. Values for weight and age are mean+SD unless specified otherwise

TABLE 2. ECMO IMPLANT INDICATION, IMPLANT LOCATION, AND IMPLANT ACCESS.

| Study                         | Indications for ECMO implant, n (%) | ECMO implant location, n (%) | ECMO implant access, n (%) | ECMO venting, n (%)          |
|-------------------------------|-------------------------------------|------------------------------|----------------------------|------------------------------|
| Klein <sup>17</sup> - 1990    | BVF 13 (36%)                        |                              |                            |                              |
|                               | RVF 5 (14%)                         | OR 9 (25%)                   | Neck 30 (83%)              | NA                           |
|                               | LVF 12 (33%)                        | ICU 27 (75%)                 | Chest 6 (17%)              |                              |
|                               | PVRC 6 (17%)                        |                              |                            |                              |
| Ferrazzi <sup>75</sup> - 1991 | LVF 1 (16.6%)                       | OR 2 (33%)                   |                            | NA                           |
|                               | RVF 4 (66.6%)                       | ICU 4 (66%)                  | Chest 6 (100%)             |                              |
|                               | BVF 1 (16.6%)                       |                              |                            |                              |
| Le Nido <sup>76</sup> - 1992  | Cardiac arrest 9 (82%)              | NA                           | Neck 1 (9%)                | 3** (27%)                    |
|                               | Not specified 2 (18%)               |                              | Chest 10 (91%)             |                              |
| Taithel <sup>77</sup> - 1992  | Failure to wean from CPB 20 (31%)   | OR 22 (34%)                  | Chest 59 (91%)             | LA vent 11 (17%)             |
|                               | Cardiac failure 45 (69%)            | ICU 43 (66%)                 | Femoral 6 (9%)             | LV vent 4 (6%)               |
| Siomek <sup>19</sup> - 1992   | Ventricular failure 17 (71%)        | OR 17 (71%)                  | Neck 9 (38%)               | Pulmonary artery vent 1 (4%) |
|                               | Pulmonary hypertension 6 (25%)      | ICU 7 (29%)                  | Chest 15 (62%)             |                              |

|                                    |   |    |                  |                    |
|------------------------------------|---|----|------------------|--------------------|
|                                    | Hypoxemia 1 (4%)                            |    |                  |                    |
| <b>Dalton<sup>13</sup> - 1993</b>  | BVF + arrest 4 (15%)                        |    |                  |                    |
|                                    | BVF 8 (30%)                                 |    |                  |                    |
|                                    | RVF 3 (11%)                                 | NA | Neck 5 (19%)     | LA vent 2 *** (7%) |
|                                    | LVF 2 (7%)                                  |    | Chest 22 (81%)   |                    |
|                                    | Cardiac arrest 9 (33%)                      |    |                  |                    |
|                                    | Arrhythmia 1 (4%)                           |    |                  |                    |
|                                    |   |    |                  |                    |
| <b>Black<sup>78</sup> - 1995</b>   | Myocardial failure 21 (84%)                 |    | Chest 28 (90%)   |                    |
|                                    | Respiratory failure 3 (12%)                 | NA | Femoral 3 (10%)† | NA                 |
|                                    | Cardiac arrest 1 (4%)                       |    |                  |                    |
| <b>Walters<sup>29</sup> - 1995</b> | Arrhythmia 1 (1.5%)                         |    |                  |                    |
|                                    | Cardiac arrest 4 (6.1%)                     |    |                  |                    |
|                                    | Low cardiac output 61 (92.4%)               | NA | Neck 48 (73%)    | NA                 |
|                                    | No spontaneous electrical activity 1 (1.5%) |    | Chest 18 (27%)   |                    |
|                                    | Pulmonary artery hypertension 14 (21.2%)    |    |                  |                    |
|                                    |   |    |                  |                    |

|                              |  |                             |                 |                |
|------------------------------|--|-----------------------------|-----------------|----------------|
| Kulik <sup>50</sup> - 1996   | Ventricular dysfunction 26 (41%)                 |                             |                 |                |
|                              | Pulmonary failure 13 (20%)                       |                             | Neck 37 (58%)   |                |
|                              | Pulmonary hypertension 7 (11%)                   | NA                          | Chest 20 (31%)  | LA vent (19%)  |
|                              | Combination 10 (16%)                             |                             | Femoral 2 (3%)  |                |
|                              | Cause of hemodynamic instability unknown 8 (13%) |                             | Multiple 5 (8%) |                |
| Langley <sup>67</sup> - 1998 | LVF (33%)  |                             |                 |                |
|                              | RVF (11%)  | OR 7 (78%)                  |                 |                |
|                              | BVF (44%)  | ICU 2 (22%)                 | Chest 9 (100%)  | 0%             |
|                              | Cardiac arrest (11%)                             |                             |                 |                |
| Jaggers <sup>79</sup> - 2000 | Low cardiac output 17 (49%)                      |                             |                 |                |
|                              | Failure to wean from CPB 10 (29%)                | OR 15 (43%)<br>ICU 20 (57%) | NA              | LA vent 1 (3%) |
|                              | Cardiac arrest 5 (14%)                           |                             |                 |                |
|                              | Arrhythmia 3 (9%)                                |                             |                 |                |

|                              |  |                           |                 |    |
|------------------------------|--|---------------------------|-----------------|----|
|                              | Pulmonary Hypertension 2 (6%)                      |                           |                 |    |
|                              | Hypoxia 1 (3%)                                     |                           |                 |    |
|                              | Biventricular dysfunction 1 (3%)                   |                           |                 |    |
| Aharon <sup>80</sup> - 2001  | Failure to wean from CPB 22 (44%)                  |                           |                 |    |
|                              | Low cardiac output 11 (22%)                        | OR 23 (46%)               | Neck 1 (2%)     |    |
|                              | Pulmonary hypertension 7 (14%)                     | ICU 27 (54%)              | Chest 49 (98%)  | NA |
|                              | Cardiac arrest 10 (20%)                            |                           |                 |    |
| Pizarro <sup>68</sup> - 2001 | Low cardiac output 6 (50%)                         |                           |                 |    |
|                              | Cardiac arrest 2 (16.6%)                           |                           |                 |    |
|                              | Respiratory failure 2 (16.6%)                      | OR 9 (75%)<br>ICU 3 (25%) | Chest 12 (100%) | NA |
|                              | Unbalanced pulmonary/systemic circulation 1 (8.3%) |                           |                 |    |
|                              | Supraventricular                                   |                           |                 |    |

|                                       |   |                             |   |  |
|---------------------------------------|---|-----------------------------|---|--|
|                                       | tachycardia 1 (8.3%)  |                             |   |  |
| <b>Kolovos<sup>18</sup> - 2003</b>    | Ventricular failure 51 (69%)<br>Respiratory failure 9 (12%)<br>Pulmonary hypertension 4 (5%)<br>Multiple indications (not specified) 6 (8%)<br>Shunt occlusion 4 (5%) | NA                          | Neck 26 (35%)<br>Chest 47 (64%)<br>Groin 1 (1%) | LA vent 12 (16%)<br>Atrial septostomy 1 (1%) |
| <b>Chaturvedi<sup>33</sup> - 2004</b> | Failure to wean from CPB<br>Low cardiac output<br>No data available   | OR 47 (58%)<br>ICU 34 (42%) | Neck 5 (6%)<br>Chest 76 (94%)                   | NA   |
| <b>Chow<sup>51</sup> - 2004</b>       | Myocarditis 10 (11%)<br>Cardiomyopathy 9 (10%)<br>Congenital Heart Disease 71 (79%)   | NA                          | NA  | NA   |
| <b>Morris<sup>26</sup> - 2004</b>     | Cardiac arrest<br>Failure to wean from CPB  |                             |   |  |



|                                  |                                      |                             |                                  |                  |
|----------------------------------|--------------------------------------|-----------------------------|----------------------------------|------------------|
|                                  | Low cardiac output                   |                             |                                  |                  |
| <b>Huang<sup>34</sup> - 2005</b> | Failure to wean from CPB<br>46 (67%) |                             |                                  |                  |
|                                  | Low cardiac output 11<br>(16%)       | OR 46 (67%)<br>ICU 22 (33%) | Chest 66 (97%)<br>Femoral 2 (3%) | LA vent 12 (18%) |
|                                  | Cardiac arrest 11 (16%)              |                             |                                  |                  |
| <b>Ghez<sup>81</sup> - 2005</b>  | Hemodynamic failure 12<br>(63%)      |                             | Neck 4 (21%)                     |                  |
|                                  | Respiratory failure 2 (11%)          | OR 4 (27%)                  | Chest 11 (58%)                   | NA               |
|                                  | Mixed failure 5 (8%)                 | ICU 11 (73%)                | Femoral 4 <sup>†</sup> (21%)     |                  |
| <b>Mahle<sup>71</sup> - 2005</b> | Cardiopulmonary arrest 18<br>(56%)   |                             |                                  |                  |
|                                  | Failure to wean from CPB<br>11 (34%) | NA                          | NA                               | NA               |
|                                  | Postoperative LCOS 2 (6%)            |                             |                                  |                  |
|                                  | Pulmonary hypertension 1<br>(3%)     |                             |                                  |                  |

|                               |  |                     |                 |    |  |
|-------------------------------|--|---------------------|-----------------|----|--|
| Baslaim <sup>25</sup> - 2006  | Ventricular failure 17 (65%)   |                     |                 |    |  |
|                               | Respiratory failure 6 (23%)  |                     |                 |    |  |
|                               | Pulmonary hypertension 1 (4%)  | OR (not specified)  |                 |    |  |
|                               | Allergic reaction to blood products 1 (4%)                             | ICU (not specified) | Chest 26 (100%) | NA |  |
|                               | Postoperative distal pulmonary artery stenting 1 (4%)                  |                     |                 |    |  |
| Thourani <sup>28</sup> - 2006 | Cardiomyopathy-myocarditis 8 (30%)                                     |                     |                 |    |  |
|                               | Systemic-to-pulmonary artery shunt dependent single ventricle 12 (44%) | NA                  | NA              | NA |  |
|                               | Postcardiotomy for biventricular repair 6 (22%)                        |                     |                 |    |  |
|                               | Arrhythmias 1 (4%)   |                     |                 |    |  |
| Allan <sup>41</sup> - 2008    | Myocardial failure 22 (50%)  | NA                  | NS              | NA |  |

|   |  |                                 |                 |                 |
|---|--|---------------------------------|-----------------|-----------------|
|   | Cardiac arrest 4 (9.1%)                                |                                 |                 |                 |
|   | Tamponade 2 (4.5%)                                     |                                 |                 |                 |
|   | Pulmonary hypertension 1 (2.3%)                        |                                 |                 |                 |
|   | Respiratory failure 3 (6.8%)                           |                                 |                 |                 |
|   | Shunt thrombosis/stenosis 12 (27.2%)                   |                                 |                 |                 |
| <b>Alsoufi<sup>42</sup> - 2009</b>      | Failure to wean from CPB 83 (46%)                      | OR 83 (46%)                     | Neck 12 (6%)    | NA              |
|   | Low cardiac output 97 (54%)                            | ICU 92 (51%)                    | Chest 168 (94%) |                 |
|   | Cardiac arrest 48 (27%)                                | Catherization laboratory 5 (3%) |                 |                 |
| <b>Delmo Walter<sup>82</sup> - 2010</b> | Cardiac Arrest 27 (100%)                               | NA                              | NA              | LV vent 5 (19%) |
| <b>Polimenakos<sup>27</sup> - 2011</b>  | Cardiac arrest 17 (81%)                                |                                 |                 |                 |
|   | Respiratory failure followed by cardiac arrest 4 (19%) | NA                              | NA              | NA              |
| <b>Bhat<sup>35</sup> - 2013</b>         | Failure to wean from CPB 39 (61%)                      | OR 39 (61%)                     | Chest 59 (92%)  | NA              |

|                                    |  |              |                |    |
|------------------------------------|--|--------------|----------------|----|
|                                    | Low cardiac output 9 (14%)   | ICU 25 (39%) |                |    |
|                                    | Cardiac arrest 16 (25%)  |              |                |    |
| <b>Sasson<sup>83</sup> - 2013</b>  | Failure to wean from CPB 53 (83%)  | OR 53 (83%)  | Neck 2 (3%)    | NA |
|                                    | Cardiac arrest 9 (17%)   | ICU 9 (17%)  | Chest 60 (97%) |    |
| <b>Agarwal<sup>16</sup> - 2014</b> | Failure to wean from CPB 50 (42%)  |              |                |    |
|                                    | Low cardiac output 25 (21%)  | OR 58 (49%)  |                |    |
|                                    | Cardiac arrest 34 (29%)  | ICU 61 (51%) | NA             | NA |
|                                    | Other (including arrhythmia, respiratory failure and pulmonary hypertension) 10 (8%) |              |                |    |
| <b>Alsoufi<sup>43</sup> - 2014</b> | Failure to wean from CPB 34 (34%)  | OR 34 (34%)  |                |    |
|                                    | Low cardiac output 29 (29%)  | ICU 66 (66%) | NA             | NA |
|                                    | Cardiac arrest 37 (37%)  |              |                |    |

|   |                                       |                             |  |  |
|---|---------------------------------------|-----------------------------|--|--|
| <b>Sasaki<sup>37</sup> - 2014</b>       | Failure to wean from CPB<br>14 (39%)  |                             |  |  |
|   | Low cardiac output 15<br>(42%)        | OR 18 (50%)<br>ICU 18 (50%) | Chest 36 (100%)                                  | NA                                       |
|   | Other (not specified) 7<br>(19%)      |                             |  |  |
| <b>Jolley<sup>48</sup> - 2014</b>       | cardiac 90 (87%)                      |                             | Chest 89 (86%)                                   |  |
|   | ECPR 9, (9%)                          | NA                          | Neck 14 (103%)                                   | NA                                       |
|   | pulmonary 4 (4%).                     |                             |  |  |
| <b>Miana<sup>84</sup> - 2015</b>        | Failure to wean from CPB<br>56 (100%) | OR 56 (100%)                | Chest 56 (100%)                                  | Interatrial vent LA vent (not specified) |
| <b>Gupta<sup>22</sup> - 2015</b>        | NA                                    | NA                          | NA   | NA                                       |
| <b>Lou<sup>85</sup> - 2015</b>          | Failure to wean from CPB<br>24 (25%)  |                             | Chest 90 (94%)                                   |  |
|   | Low cardiac output 26<br>(27%)        | NA                          | Peripheral (not specified) 3 (3%)<br>Both 3 (3%) | NA                                       |
|   | Cardiac arrest 46 (48%)               |                             |  |  |
| <b>Sznycer-Taub<sup>23</sup> - 2016</b> | Low cardiac output 16<br>(17%)        | OR 42 (45%)<br>ICU 51 (55%) | Neck 13 (14%)<br>Chest 80 (86%)                  | NA                                       |
|   | Failure to wean from CPB              |                             |  |  |



|                             |                                    |    |    |            |
|-----------------------------|------------------------------------|----|----|------------|
|                             | Cardiac arrest 10 (9%)             |    |    |            |
|                             | Pulmonary hypertension 7 (6%)      |    |    |            |
|                             | Other 3 (3%)*                      |    |    |            |
|                             | Cardiomyopathy 28 (41%)            |    |    |            |
|                             | Cardiorespiratory failure 28 (41%) |    |    |            |
| Mistry <sup>87</sup> - 2018 | Congenital heart disease 9 (13%)   | NA | NA | 16 (23.5%) |
|                             | Posttransplant rejection 5 (7.4%)  |    |    |            |

\*Arrhythmia, allergic reaction to blood products, and Fontan circuit thrombus.

\*\*Vent type not specified.

\*\*\* Data on venting was only given for 2 patients.

†No data on 25 PC patients

‡15 patients, 19 ECLS runs

BVF; biventricular failure, CPB, cardiopulmonary bypass; ECLS, extracorporeal life support; ECPR, extracorporeal cardiopulmonary resuscitation; ICU, intensive care unit; LA, left atrial; LCOS, low cardiac output syndrome; LV, left ventricular; LVF; left ventricular failure; NA, not available; OR, operating room; PC; post-cardiotomy; PVRC; pulmonary vasoreactive crisis; RVF; right ventricular failure.

TABLE 3. DURATION OF ECMO SUPPORT, WEANING RATE, IN-HOSPITAL SURVIVAL, 1-YEAR SURVIVAL AND PREDICTORS OF IN-HOSPITAL MORTALITY.

| Study                               | Duration of ECMO, in hours or days                             | Weaning n (%)             | In-Hospital Survival n (%) | 1-Year Survival n (%) | Predictors of In-Hospital Mortality   |
|-------------------------------------|--|---------------------------|----------------------------|-----------------------|---|
| <b>Klein<sup>17</sup> - 1990</b>    | Total: 105 ± 46 hours<br>Survivors: 110 ± 27 hours (mean ± SD) | 22 (61%)                  | 21 (58%)                   | NA                    | NA  |
| <b>Ferrazzi<sup>75</sup> - 1991</b> | 126±47 hours (range: 67-173 hours)                             | 3 (50%)                   | 2 (33%)                    | NA                    | NA  |
| <b>del Nido<sup>76</sup> - 1992</b> | 112 ± 18 hours   | 7 (64%)<br>1 HTx included | 7 (64%)                    | 6 (55%)               | NA  |
| <b>Raithel<sup>77</sup> - 1992</b>  | Survivors: 87.9 hours, 45-197.5 hours (mean + range)           | 44 (68%)                  | 23 (35%)                   | NA                    | Duration of ECMO support, renal failure/dialysis, sepsis  |
| <b>Ziomek<sup>19</sup> - 1992</b>   | 96 hours, 17-198 hours (mean + range)                          | 16 (75%)                  | 13 (54%)                   | NA                    | Sepsis  |
| <b>Dalton<sup>13</sup> - 1993</b>   | 113 ± 62 hours (mean ± SD)                                     | 14 (67%)                  | 9 (43%)                    | 7 (33%)               | Longer CPB time and shorter time on ECMO  |
| <b>Black<sup>78</sup> - 1995</b>    | 5.7 days (mean)  | 10 (40%)                  | 10 (40%)                   | 10 (40%)              | NA  |
| <b>Walters<sup>29</sup> - 1995</b>  | 115 ± 6 hours (mean ± SD)                                      | 44 (67%)                  | 38 (58%)                   | NA                    | Longer CPB time, patients who couldn't be weaned from CPB, Elevated BUN 48 h after ECMO cannulation, Elevated creatinine 48 h after ECMO cannulation, Need of RBC's on ECMO, Need of plasma on ECMO Creatinine 48 h after ECMO decannulation and average right atrial pressure 8 h after ECMO decannulation |
| <b>Kulik<sup>50</sup> - 1996</b>    | NA   | 31 (48%)                  | 21 (33%)                   | NA                    | No significant variables  |



|                                       |   |            |            |                              |   |
|---------------------------------------|---|------------|------------|------------------------------|---|
| <b>Langley<sup>67</sup> - 1998</b>    | 121 hours (15–648)                                  | 4 (44.4%)  | 3 (33%)    | 2 (22%)                      | Duration of ECMO  |
| <b>Jaggers<sup>79</sup> - 2000</b>    | 5.6 days (median 5 days, range 0.7-16 days)         | NA         | 21 (61%)   | 17 (49%)                     | Longer time on ECMO, development of renal failure, shunt left open on ECMO  |
| <b>Aharon<sup>80</sup> - 2001</b>     | Survivors: 89 hours (mean) (range 20-192 hours)     | 30 (60%)   | 25 (50%)   | 23 (45%)                     | Renal failure requiring hemodialysis, ECMO duration >72 hours, prolonged CPR times (>45 minutes)                                  |
| <b>Pizarro<sup>68</sup> - 2001</b>    | 67 hours (median 48 hours) range (24-192 hours)     | 12 (100%)  | 6 (50%)    | 6 (50%)                      | ECMO initiated outside OR   |
| <b>Kolovos<sup>18</sup> - 2003</b>    | 127 hours (median) (IQR 73-209 hours)               | 50 (68%)   | 37 (50%)   | NA                           | CPR during ECMO cannulation, Renal failure/dialysis, single ventricle physiology, lactate within 48 hours of ECMO initiation      |
| <b>Chaturvedi<sup>33</sup> - 2004</b> | 144 hours (median) (IQR 70-226 hours)               | 47 (58%)   | 40 (49%)   | 33 (41%)                     | Circuit problems, renal failure/dialysis, residual cardiac lesions, ECMO duration, blood product transfusion and cross clamp time |
| <b>Chow<sup>51</sup> - 2004</b>       | 90 hours (median) 6-394 hours                       | NA         | 41 (46%)   | 21 (38%)*                    | previous CPR  |
| <b>Morris<sup>26</sup> - 2004</b>     | Survivors: 94.5 (median) (range 7 hours -15 days)   | NA         | 36 (40%)   | NA                           | Age <1 month, male sex  |
| <b>Huang<sup>34</sup> - 2005</b>      | Survivors: 75.3 hours (median) (range 23-234 hours) | 45 (66.2%) | 22 (32.4%) | 22 (32.4%) (2 year survival) | Univentricular physiology, acute renal failure, duration of ECMO, lowest lactate  |
| <b>Ghez<sup>81</sup> - 2005</b>       | 145 ±72 hours (mean ± SD)                           | 13 (87%)   | 12 (80%)   | NA                           | NA  |

|   |  |            |            |            |   |
|---|--|------------|------------|------------|---|
| <b>Mahle<sup>71</sup> - 2005</b>        | 5.1±4.1 days   | NA         | 16 (50%)   | 15 (47%)   | NA  |
| <b>Baslaim<sup>25</sup> - 2006</b>      | Survivors: 74.5 hours (mean)<br>(range 12-189 hours)                                 | NA         | 12 (46%)   | NA         | Stroke, DIC, renal failure  |
| <b>Thourani<sup>28</sup> - 2006</b>     | 151.5±201.4 hours<br>(18-986 hours)  | 20 (74.1%) | 16 (59.3%) | 13 (48.1%) | NA  |
| <b>Allan<sup>41</sup> -2007</b>         | Survivors 56±15 hours<br>Non survivors 160±23  | 30 (68.2%) | 21 (48%)   | 12 (27.2%) | NA  |
| <b>Alsoufi<sup>42</sup> - 2009</b>      | Survivors: 3 days (median)<br>(range 2.8-4.2 days)                                   | 109 (61%)  | 68 (38%)   | NA         | Duration of ECMO, repeat ECMO, bleeding complications, neurological complications, renal dysfunction  |
| <b>Delmo Walter<sup>82</sup> - 2010</b> | 4.97 ± 0.68 days (mean ± SD)   | 18 (66.7%) | 9 (33.3%)  | NA         | Duration of CPR, High doses of inotropes  |
| <b>Polimenakos<sup>27</sup> - 2011</b>  | 7 days (median) (IQR 4-21 days)  | 15 (72%)   | 13 (62%)   | 10 (47%)   | High serum peak lactate (first 24 hours), longer ECMO duration  |
| <b>Bhat<sup>35</sup> - 2013</b>         | Total: 164 hours (median)<br>(IQR 95-231)<br>Survivors: 134 hours (IQR 95-160 hours) | 33 (52%)   | 18 (28.1%) | NA         | Renal replacement therapy on ECMO, ECMO duration >231 hours   |
| <b>Sasson<sup>83</sup> - 2013</b>       | Total: 4 days (median)<br>(range 1-13 days)<br>Survivors: 3 days (range 1-13 days)   | 29 (46.8%) | 24 (38.7%) | NA         | Total anomalous pulmonary venous return   |
| <b>Agarwal<sup>16</sup> - 2014</b>      | 4 days (median) (IQR 2-7 days)   | 75 (63%)   | 49 (41%)   | NA         | NA  |
| <b>Alsoufi<sup>43</sup> - 2014</b>      | Total: 4 days (median) (IQR 3-6 days)<br>Survivors: 3 days (IQR 2-5)                 | 62 (62%)   | 37 (37%)   | NA         | Renal failure requiring dialysis, maximum creatinine, bleeding requiring re-exploration, ECMO duration, hours to lactate normalization, Immediate post-ECMO lactate, Peak post-ECMO |

|   | days)  |            |             |          | lactate, maximum bilirubin, Sepsis   |
|---|--|------------|-------------|----------|--|
| <b>Sasaki<sup>37</sup> - 2014</b>       | 4.9 ± 4.2 days (mean ± SD)   | 21 (58%)   | 17 (47%)    | NA       | Univentricular anatomy, younger age, longer ECMO duration, higher lactate, pulmonary haemorrhage                       |
| <b>Jolley<sup>48</sup> - 2014</b>       | survivors 88 hours (48-132)<br>non survivors 136 hours (73-267)  | 68 (66%)   | 42 (41%)    | NA       | inotrope requirement, longer duration of ECMO support, combined cardiopulmonary indication for ECMO, and renal failure |
| <b>Miana<sup>84</sup> - 2015</b>        | 182.2 ± 117 hours (mean ± SD)  | 26 (46.4%) | 11 (19.6%)  | NA       | NA   |
| <b>Gupta<sup>22</sup> - 2015</b>        | 4 days (median) (IQR 1-7 days)   | NA         | 518 (51.9%) | NA       | Longer ECMO duration   |
| <b>Lou<sup>85</sup> - 2015</b>          | Group 1 (ECMO without therapeutic hypothermia): 83 hours (median) (range 26-332 hours)<br>Group 2 (ECMO with therapeutic hypothermia): 106 hours (median) (range 24-367 hours) | 77 (80.2%) | 55 (57.3%)  | NA       | NA   |
| <b>Szynter-Taub<sup>23</sup> - 2016</b> | Total: 5 days (median) (IQR 3-7 days)<br>30 day survivors:<br>4 days (IQR 3-6 days)  | NA         | 46 (49%)    | NA       | Longer ECMO duration, High mean PaO <sub>2</sub> (>193 mmHg) (first 48 hours)  |
| <b>Aydin<sup>11</sup> - 2016</b>        | survivors: 88.5 hours (57-116)<br>non survivors: 183 hours (71-288)  | NA         | 46 (48%)    | NA       | The duration of intubation, partial pressure carbon dioxide, mean airway pressure, and renal injury                    |
| <b>Howard<sup>46</sup> - 2016</b>       | 7.5 (3-11) days  | NA         | 42 (50%)    | 34 (40%) | Prematurity, pH<7.17 pre ECMO, inotropic support, ECMO duration >168hours  |
| <b>ElMahrouk<sup>86</sup> - 2017</b>    | 4 days (median) (range 1-14 days)  | 53 (47%)   | 42 (37%)    | NA       | Longer ECMO duration, renal failure, stroke  |

|                                   |                             |    |            |             |  |
|-----------------------------------|-----------------------------|----|------------|-------------|--|
| <b>Mistry<sup>87</sup> - 2018</b> | 126.97 hours (78.89-216.64) | NA | 48 (70.6%) | 48 (69.2%)* | Low body weight, serum lactate and creatinine, prior cardiac surgery, inotropes use. |
|-----------------------------------|-----------------------------|----|------------|-------------|--|

3 patients lost to follow-up  
 mean follow-up 4.5 years

UN, blood urea nitrogen; CPB, cardiopulmonary bypass; CPR, cardiopulmonary resuscitation; DIC, disseminated intravascular coagulation; ECMO, extracorporeal membrane oxygenation; h, hours; HTx, heart transplantation; IQR, interquartile range; OR, operating room; NA, not available; PaO<sub>2</sub>, partial pressure of oxygen; RBC, red blood cells; SD, standard deviation.

TABLE 4. ECMO COMPLICATIONS.

| Study                           | Bleeding, n (%) | ECMO system failure, n (%) | Liver Failure, n (%) | Sepsis/ infection/ bacteremia, n (%) | CNS events, n (%) | Kidney failure, n (%) |
|---------------------------------|-----------------|----------------------------|----------------------|--------------------------------------|-------------------|-----------------------|
| Klein <sup>17</sup> - 1990      | 17 (47%)        | NA                         | NA                   | NA                                   | NA                | NA                    |
| Ferrazzi <sup>75</sup> - 1991   | 6 (100%)        | NA                         | NA                   | 3 (50%)                              | 1 (17%)           | NA                    |
| del Nido <sup>76</sup> - 1992   | 1 (9%)          | NA                         | NA                   | 1 (9%)                               | 3 (27%)           | NA                    |
| Raithel <sup>77</sup> - 1992    | 44 (68%)        | 7 (11%)                    | NA                   | 20 (31%)                             | 18 (28%)          | 7 (11%)               |
| Ziomek <sup>19</sup> - 1992     | NA              | 3 (13%)                    | NA                   | 8 (33%)                              | 1 (4%)            | 4 (17%)               |
| Dalton <sup>13</sup> - 1993     | 6 (22%)         | NA                         | NA                   | 3 (11%)                              | 6 (22%)           | NA                    |
| Walters <sup>29</sup> - 1995    | 5 (13%)         | NA                         | 2 (5%)               | 4 (10%)                              | 9 (24%)           | 3 (8%)                |
| Kulik <sup>50</sup> - 1996      | 28 (44%)        | NA                         | 18 (28%)             | 12 (19%)                             | 29 (45%)          | 28 (44%)              |
| Langley <sup>67</sup> - 1998    | 4 (44%)         | NA                         | NA                   | 5 (56%)                              | 1 (11%)           | 7 (78%)               |
| Jaggers <sup>79</sup> - 2000    | 15 (35%)        | NA                         | NA                   | 9 (26%)                              | 18 (51%)          | 9 (26%)               |
| Aharon <sup>80</sup> - 2001     | NA              | NA                         | NA                   | 7 (14%)                              | NA                | 4 (8%)                |
| Pizarro <sup>68</sup> - 2001    | 2 (17%)         | 1 (8%)                     | NA                   | 5 (42%)                              | 3 (25%)           | 5 (42%)               |
| Kolovos <sup>18</sup> - 2003    | NA              | NA                         | NA                   | 11 (15%)                             | 16 (22%)          | 26 (35%)              |
| Chaturvedi <sup>33</sup> - 2004 | 51 (63%)        | 22 (27%)                   | NA                   | 22 (27%)                             | NA                | 22 (27%)              |
| Chow <sup>51</sup> - 2004       | NA              | NA                         | NA                   | NA                                   | 20 (22%)          | NA                    |
| Morris <sup>26</sup> - 2004     | 31 (35%)        | NA                         | NA                   | NA                                   | 10                | NA                    |

|                                    |           |          |        |          |            |          |
|------------------------------------|-----------|----------|--------|----------|------------|----------|
|                                    |           |          |        |          | (19%)*     |          |
| Huang <sup>34</sup> - 2005         | 34 (50%)  | NA       | NA     | NA       | NA         | 47 (69%) |
| Ghez <sup>81</sup> - 2005          | NA        | NA       | NA     | 2 (13%)  | 0 (0%)     | 6 (40%)  |
| Mahle <sup>71</sup> - 2005         | NA        | 1 (3.1%) | NA     | 1 (3.1%) | 7 (21.9%)  | NA       |
| Baslaim <sup>25</sup> - 2006       | 17 (65%)  | NA       | NA     | 4 (15%)  | 5 (19%)    | 8 (31%)  |
| Allan <sup>41</sup> - 2008         | NA        | NA       | NA     | NA       | 10 (22.7%) | NA       |
| Alsoufi <sup>42</sup> - 2009       | 100 (56%) | 68 (38%) | NA     | NA       | 32 (18%)   | 18 (10%) |
| Polimenakos <sup>27</sup> - 2011   | NA        | NA       | NA     | 4 (19%)  | 9 (43%)    | 7 (33%)  |
| Bhat <sup>35</sup> - 2013          | NA        | NA       | NA     | NA       | NA         | 36 (56%) |
| Agarwal <sup>16</sup> - 2014       | NA        | NA       | NA     | NA       | NA         | 41 (34%) |
| Alsoufi <sup>43</sup> - 2014       | 49 (49%)  | 9 (9%)   | NA     | 21 (21%) | 17 (17%)   | 55 (56%) |
| Sasaki <sup>37</sup> - 2014        | 17 (47%)  | 7 (19%)  | NA     | 10 (28%) | 10 (28%)   | 19 (53%) |
| Jolley <sup>48</sup> - 2014        | 48 (46%)  | 46 (44%) | 7 (6%) | 12 (11%) | 24 (23%)   | 34 (33%) |
| Miana <sup>84</sup> - 2015         | 19 (34%)  | NA       | NA     | NA       | 6 (11%)    | 5 (9%)   |
| Lou <sup>85</sup> - 2015           | 29 (30%)  | 11 (11%) | NA     | 40 (42%) | 11 (11%)   | 51 (53%) |
| Szzyrmer-Taub <sup>23</sup> - 2016 | NA        | NA       | NA     | NA       | 39 (42%)   | 35 (38%) |
| Aydin <sup>11</sup> - 2016         | 27 (30%)  | 41 (46%) | NA     | 9 (10%)  | 15 (16%)   | 37 (41%) |

|                                      |          |          |             |          |          |          |
|--------------------------------------|----------|----------|-------------|----------|----------|----------|
| <b>Howard<sup>46</sup> – 2016</b>    | 32 (43%) | 41 (49%) | 16<br>(19%) | NA       | 21 (25%) | 16 (19%) |
| <b>ElMahrouk<sup>86</sup> - 2017</b> | 78 (69%) | NA       | NA          | 35 (31%) | 18 (16%) | 41 (36%) |

\*only data for survivors was reported

Studies that did not report complications<sup>28, 40, 78, 82, 83, 87</sup> have been excluded from this table.

CNS, central nervous system; ECMO, extracorporeal membrane oxygenation; NA, not available.